

Sacramento County
Driving Under the Influence (DUI)
Treatment Court

Program Handbook

Effective: November 1, 2017

Revised: December 29, 2017

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The DUI Treatment Court is a collaboration of agencies, including the Sacramento Superior Court, the Probation Department, the Department of Health and Human Services – Behavioral Health Division and Alcohol and Drug Services, the District Attorney’s Office, the Office of the Public Defender, the Sheriff’s Department, and community-based providers				

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Introduction

The DUI Treatment Court was implemented in October 2017, with grant funding from the California Office of Traffic Safety and in-kind funding from the Court and its justice partners. This handbook is designed to answer questions, address concerns and provide overall information about the DUI Treatment Court. As a participant, you will be expected to follow

program rules and to comply with your treatment plan, as developed by your treatment team. The DUI Treatment Court has been developed to help you achieve total abstinence from alcohol and illicit and illegal drugs and all criminal activity. The program is designed to promote self-sufficiency and to return you to the community as a productive and responsible member. The Judge, the court staff and the treatment team are present to guide and assist you, but the final responsibility is yours. You must be motivated to make this change and commit to an alcohol/drug free life.

Contact Information

<p>Court Location: 720 Ninth Street Sacramento, CA 95814</p>	<p>Department 9, second floor Department 9, telephone number: (916) 875-5645 Court Coordinator: (916) 875-7013</p>	
<p>Public Defender: 700 H Street, Room 0270 Sacramento, CA 95814 (916) 874-6417</p>	<p>My public defender is:</p>	<input type="text"/>
<p>Telephone No.:</p>	<input type="text"/>	<input type="text"/>
<p>Probation Department: 3201 Florin-Perkins Road Sacramento, CA 95826 (916) 875-0300</p>	<p>My probation officer is:</p>	<input type="text"/>
<p>Telephone No.:</p>	<input type="text"/>	<input type="text"/>
<p>Treatment Locations: Strategies for Change: <u>North Site</u> 4441 Auburn Blvd., Suite E Sacramento, CA 95841 (916) 473-5764 <u>South Site:</u> 4343 Williamsborough Drive Sacramento, CA 95823 (916) 395-3552</p>	<p>Bridges Professional Treatment Services: 3600 Power Inn Road, Suite C Sacramento, CA 95826 (916) 450-0703</p>	<p>Inpatient Services: Sacramento Recovery House Men's Program: (916) 455-6258 Women's Program: (916) 451-9312</p>

Case Manager and Drug Testing Telephone No.:	My case manager is:		
	Telephone No.:		
	Drug Testing Phone No.:		

Program Overview

The Sacramento County DUI Treatment court is a court-supervised, comprehensive treatment program for repeat DUI offenders who have two or three prior DUI convictions within a ten year period and who have an issue with substance use. The goals of the program are to keep communities safe and to reduce recidivism amongst the DUI repeat offenders that will lead to a decrease in alcohol-related collisions, injuries, and fatalities. The program will utilize the drug court model and strive to change the offenders’ thinking and behaviors around substance use and will hold them accountable by offering treatment, supervision, and frequent court appearances. This is a voluntary program. Admission into the program requires, among other things, the agreement of the District Attorney’s Office and defense counsel. The District Attorney retains complete prosecutorial discretion to deny inclusion for any offender into DUI Treatment Court. The program includes regular court appearances before a designated DUI Treatment Court Judge. The program components consist of treatment (individual and group counseling), regular attendance at self-help meetings (such as Alcoholics Anonymous or Narcotics Anonymous), random drug testing, case management services, and probation supervision. The program will also assist you with obtaining education and skills assessments and will provide referrals for vocational training, education and/or job placement services. The program’s length, determined by each participant's progress will be up to 18 months. To successfully complete the DUI Treatment Court, you must:

- Serve any mandatory in-custody time at the Sacramento County Main Jail;
- Serve a portion of custody time in an alternative program as approved by the Court (i.e., Home Detention, Adult Work Project, and Community Service);
- Successfully complete treatment;
- Maintain sobriety (to include no positive alcohol/drug tests, including missed and/or tampered tests for a minimum of 120 consecutive days);
- Successfully complete the SB38 Multiple Offender DUI Program;
- Pay any restitution in full; and pay any imposed fines and fees (that are not reduced by any custody time served); and pay any outstanding costs of treatment; and,
- Comply with any probation conditions and court orders.

Upon successful completion, the Court may reduce your probation supervision period.
DUI Treatment Court Components

It is anticipated that the majority of the program participants will receive treatment from one of the contracted providers for this program. Some however, will receive treatment through their health care providers. Either way, your treatment provider will assess what level of treatment will best meet your needs and recommend to the DUI Court Judge that you receive either outpatient or residential treatment. If you are admitted to a residential treatment program, your treatment plan will include the requirements of that program. Upon release from a residential program, you will return to out-patient status with a provider, who will then develop a treatment plan for you.

Treatment Costs: You are ultimately responsible for funding your treatment. The treatment costs can vary greatly, depending on your specific needs, the facility, program features, and amenities. In some instances, your medical insurance may cover part or all of your treatment. Your case manager will assist you in finding the appropriate treatment and will also work with you to determine if you qualify for any governmental assistance.

Treatment Plan

You and your treatment provider, following an overall assessment of your needs, will develop an “initial” treatment plan. The plan will act as a guide for your initial treatment phase and within it, you will set goals, select methods for meeting those goals, and develop target dates for achieving those goals. The plan will be maintained by your treatment team and will be updated as you progress through the program.

Case Management Services

You will be assigned a case manager who will help you navigate through the program requirements and monitor your progress. The case manager will assist you in removing any barriers that you may have to succeeding in the program. This may include transportation issues, and balancing program/work/life obligations. In addition, your case manager can assist you with obtaining other services that you may need—anger management, life skills, vocational training, etc. You will be required to regularly keep in contact with your case manager, either by phone or in face-to-face meetings.

Probation Supervision

You will be assigned a probation officer who will meet with you and keep in contact with you on a regular basis. You must obey all directives of your probation officer, including keeping him/her apprised of your current residence and contact information. The probation officer will go over your probation conditions and court-ordered requirements with you. The probation officer will work in concert with the treatment team to track your progress and help you remove any barriers to successfully completing the program. You may be randomly alcohol and/or drug tested by your probation officer.

Alcohol and Drug Testing

You will be regularly and randomly tested through the entire treatment process. During Orientation, you will be tested a minimum of two times weekly. As you progress through the phases of the program, testing will be required on a less frequent basis. Tampering with any test will be deemed a positive test and may result in termination. Although relapse may occur in recovery, a positive or "dirty" test may result in a court imposed consequence. If you dispute any presumptive positive tests, you must initially pay the fee (about \$25) to have the test results confirmed by a lab. If the test is negative, the program will reimburse the fee back to you. The following lists in Table 1 and Table 2 are approved and not approved medications. When in doubt, call your probation officer to get clarification.

Cold/Flu/ Allergy	Cough	Pain	Sleep	Stomach
Coricidan HBP	Nighttime (Cold/cough liquid)	Tylenol	Excedrin PM	Pepcid AC
Benadryl Allergy* (not Decongestant)	Coricidan HBP	Excedrin	Tylenol PM	Immodium
Allegra		Aspirin	Benadryl	Pepto Bismol
Loratadine				
Claritin				
Coricidan HBP (Cold+Flu)				
** Albuterol inhalers are o.k. with a prescription				

Aleve	Ma Huang	Phentermine	Vicodin
Advil	Morphine sulfate	Pheylpropanolamine (PPA)	Zantac
Codeine	Motrin	Pseudoephedrine	
Ephedra	Naprosyn	Sudafed	
Ephedrine	Norco	Tylenol with codeine	
Ibuprofen	Robitussin Robitussin DM	Unisom	

Treatment Phases

The treatment component will be organized by phases. Each phase will have an approximate completion time, however note that it can change based on the progress you make through the phases (see Table 3 below for Summary of Phases). All participants will start with the Phase 1: Orientation. During this time, the participant will have a "window" period of 14 days to decide whether or not DUI Treatment Court is appropriate for them. During this initial phase and window period, you will meet your case manager, treatment provider, and probation officer. You will be provided with an overview of the program and given the opportunity to ask questions about your program. You will also enroll in the mandatory, SB38 Multiple Offender Program; and must attend any self-help groups as directed by your case manager and/or probation officer.

Phase	Description	Length
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Phase I	Orientation: Indoctrination, assessment, and assimilation; enroll in treatment; enroll in SB38 Multiple Offender Program; and, attend any self-help groups as directed by the case manager.	30 Days
Phase II	Treatment—treatment planning, goal setting, and treatment	3 to 6 months
Phase III	Maintenance and Aftercare	6 to 9 months
Relapse Phase	Treatment	1 to 3 months

Below is a detailed description of the phases:

Phase II Treatment: Table 4 below provides you with a summary of the Phase II Treatment requirements:

Table 4: Phase II			
Phase II Treatment: Three Months (extend up to three months if necessary)			
Category	Inpatient	Outpatient	Private/Other Insurance
• Drug Testing	2 x per week	2 x per week	2 x per week
• Group Sessions	20 hours per week	2 to 3 x per week	As directed by provider
• Individual Sessions	1 x per week	2 x per month	As directed by provider
• Meet with Case Manager (phone or face-to-face)	Minimum, 1 x per week	Minimum, 1 x per week	Minimum, 1 x per week
• Attend DUI Multiple Offender DUI Program	No	Yes	Yes
• Meet with Probation Officer	1 x per month or as directed	1 x per month or as directed	1 x per month or as directed
• Self-Help Groups (as directed by the case manager and/or probation officer)	0 to 5 x per week	0 to 5 x per week	0 to 5 x per week

To advance from Phase II to Phase III, you must:

- Not have a positive alcohol/drug test results (including missed or tampered tests) for 30 consecutive days.
- Not have new law violations for 30 consecutive days (excluding infractions and minor traffic violations).
- Not have any unexcused absences from scheduled services for fourteen (14) consecutive days.
- Acknowledge extent of substance abuse problem and a commitment to live an alcohol and drug free lifestyle.
- Submit a written Phase II advancement request.

Phase III Treatment: Table 5 below provides you with a summary of the Phase III Maintenance Phase requirements:

Table 5: Phase III Treatment		
Phase III Treatment Maintenance: Six to Nine Months		
Category	Outpatient	Private/Other Insurance
• Drug Testing	2 x per week	2 x per week
• Group Sessions	1 x per week	As directed by provider
• Individual Sessions	As needed	As needed
• Meet with Case Manager (phone or face-to-face)	Minimum, 1 x per week	Minimum, 1 x per week
• Self-Help Groups	2 x per week	2 x per week
• Attend Work/School	Yes	Yes
• Detention Alternative	Yes	Yes
• Attend DUI Multiple Offender DUI Program	Yes	Yes

To advance from Phase III, you must:

- Not have a positive alcohol/drug test results (including Not have new law violations for 120 consecutive days (excluding infractions and minor traffic violations).
- No unexcused absences from scheduled services for 30 consecutive days. d); and be employed or actively pursuing vocational/educational goals.
- Provide documentation of attendance at no fewer than two self-help meetings per week and with a sponsor for a minimum of 90 days.
- Continue to demonstrate a positive adjustment to ongoing treatment.
- Have an understanding of self-help concepts.
- Progress toward treatment plan goals.
- Submit a written treatment graduation request.

Relapse Phase: Table 6 below provides you with a summary of the Relapse Phase requirements:

Table 6: Relapse Phase			
Relapse Phase: One to Three Months			
Category	Inpatient	Outpatient	Private/Other Insurance
• Drug Testing	2 x per week	2 x per week	2 x per week
• Group Sessions	20 hours per week	2 to 3 x per week	As directed by provider
• Individual Sessions	1 x per week	2 x per month	As directed by provider
• Meet with Case Manager (phone or face-to-face)	Minimum, 1 x per week	Minimum, 1 x per week	Minimum, 1 x per week
• Attend DUI Multiple Offender DUI Program	No	Yes	Yes
• Self-Help Groups (as directed by the case manager and/or probation officer)	As directed	As directed	As directed

Relapse Phase: At any time during your treatment, if you relapse, you must complete the "Relapse Phase." The treatment provider will determine how long it will be necessary to be in this phase, but you must not have a positive alcohol/drug test results (including missed or tampered tests) for 30 consecutive days.

Confidentiality

Your identity and privacy will be protected consistent with Federal Regulations and State laws (i.e., 42CFR, Part 2; Health & Safety Code Sections 11812(c), 5328, and 45CFR, Parts 160 and 164). In response to these regulations, policies and procedures have been developed which guard your confidentiality. You will be asked to sign a Release of Information (ROI) form, which authorizing information about you to be shared among all participating agencies in the DUI Treatment Court.

Program Incentives, Consequences, and Termination

Incentives for good program performance will include, but not be limited to the following:

- Phase advancement
- Less frequent court appearances
- Called first on the Court Calendar
- Gift cards or other types of rewards

If you fail to comply with the program (i.e., unexcused absences, positive drug screens, failing to drug test, missed or being late for appointments/classes), the DUI Treatment Court Judge may order one or more of the following consequences:

- Admonishment from the Court
- Increased alcohol/drug testing
- Writing an essay on a DUI related topic, which must be read aloud at Court
- Increased participation in self-help meetings
- Increased frequency of court appearances
- Community service hours
- Adult Work Project
- Incarceration

The following actions and/or behaviors may be cause for termination from the DUI Treatment Court:

- Failure to comply with the DUI Treatment Court/probation conditions and/or if the participant is found not amenable to treatment (i.e., failure to perform and/or lack of progress);
- New offenses and/or violations of probation—will be reviewed on a case-by-case basis;
- Failure to report to and/or attend programming;
- Threatening or disrespectful behavior toward program staff or fellow participants;
- Leaving residential treatment without permission or being terminated from residential treatment for negative behavior;
- Failure to appear (FTA) at Court, and absence from program at least 21 days after.
- Forging required documents; and/or
- Falsifying a drug test.

DUI Treatment Court Program Rules

As a DUI Treatment Court participant, you will be required to abide by the following rules:

Rule 1:	Do not use or possess any alcohol and drugs, including Marijuana. Sobriety is the primary focus of this program. Maintaining an alcohol/drug free lifestyle is very important in your recovery process. This may include over-the-counter medications and alternative treatments typically found in health food stores. You must notify your probation officer and treatment team of any prescription or over the counter medication you are taking.
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<p>Rule 2:</p>	<p>Attend all ordered treatment sessions. This includes individual and group counseling, educational sessions, as well as other events and self-help meetings. If you are unable to attend a scheduled session, you must contact your treatment provider. Although notifying your provider will not excuse your tardiness or absence, it will allow the counselor to consider special circumstances that might be involved.</p>
<p>Rule 3:</p>	<p>Report to probation officer as directed. You must obey all laws and comply with all conditions of probation as directed by your probation officer. You must advise your probation officer of any change of residence or telephone number.</p>
<p>Rule 4:</p>	<p>Submit to alcohol and drug Testing. You must be prepared to provide a urine sample and/or breathalyzer test upon the request of your probation officer and/or treatment team. If you are unable or fail to provide a monitored sample, a technical positive test result will occur. You must submit to a breathalyzer test upon request by Probation, HCA or law enforcement</p>
<p>Rule 5:</p>	<p>Be on time for all appointments including court appearances. If you are late for a counseling session, you may not be allowed to attend that session and you will be considered non-compliant. If you are late or fail to appear for court you may receive a consequence or the judge may issue a bench warrant.</p>
<p>Rule 6:</p>	<p>Be courtesy to your treatment team and your fellow participants. Violent or inappropriate behavior will not be tolerated and will be reported to the Court. This may result in termination from the DUI Treatment Court program.</p>

Rule 7:	Law enforcement informant activity. I understand that I may not work as a confidential informant with any law enforcement agency while I am a DUI Treatment Court participant, nor may I be made or encouraged to work as a confidential informant as a condition of my full participation in the DUI Treatment Court program.
Rule 8:	Dress appropriately for court and treatment sessions. As a participant, you will be expected to dress appropriately. Shoes must be worn at all times. Clothing bearing alcohol or drug related themes or promoting or advertising alcohol or drug use is considered inappropriate. Sunglasses are not to be worn inside the Court or at your treatment provider's facility unless medically approved. Hats are not appropriate. Speak with your treatment team if you need assistance with clothing.
Rule 9:	Do not drive without a valid California driver's license. If found operating a vehicle without a valid license, your keys will be taken/held by probation and/or treatment staff. Participants may be subject to a citation by law enforcement and/or jail consequence. Subsequent violations may result in your termination from the program.